

# Facial

# Treatments

## The Spa

### Custom Facial

**50 Mins \$70**

Facial treatments that can help your skin look its best by addressing individual skin concerns. After a skin analysis each facial is customized and tailored to the client's skin needs and skin type. \*Enhance any treatment by adding a peel or a machine. See treatment enhancements for price.

### Express Facial

**30 Mins \$50**

A 30-min facial customized to your skins needs. Includes a deep cleanse, mask, moisturizer and skin protection. Perfect for those in a hurry or add on to any Body Treatment.

### Anti-Aging Facial

**50 Min \$90**

An anti-aging facial treatment that hydrates, rejuvenates, tightens and reconfigures skin's surface to reduce the physical signs of aging.

### Microdermabrasion

**25 Mins \$50 50 Mins \$90**

**Add on to facial \$25**

Microdermabrasion is a noninvasive, skin resurfacing procedure that gently exfoliates or polishes away the top layer of dead skin cells, while stimulating collagen growth, to reveal healthy new skin that looks and feels smoother.

### LED Light Therapy Facial

**50 Mins \$100 80 Mins \$120**

An LED light therapy facial uses four clinically proven wavelengths of UV-free LED Lights that boost Collagen production and treat existing acne.

### High Frequency Facials

**50 Mins \$95**

The safe, gentle oscillating and oxygenating powers of high frequency electrical current has been shown to enhance blood circulation, increase collagen and elastin production, eliminate toxins and acne-causing bacteria, encourage lymphatic drainage, exfoliate dead skin cells and improve skin care products absorptions.

### Dead Seas Mud Facial

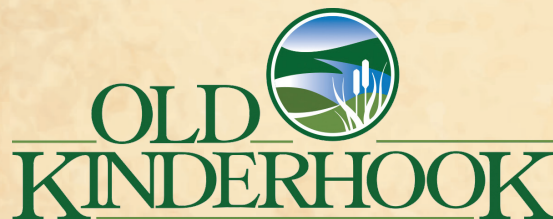
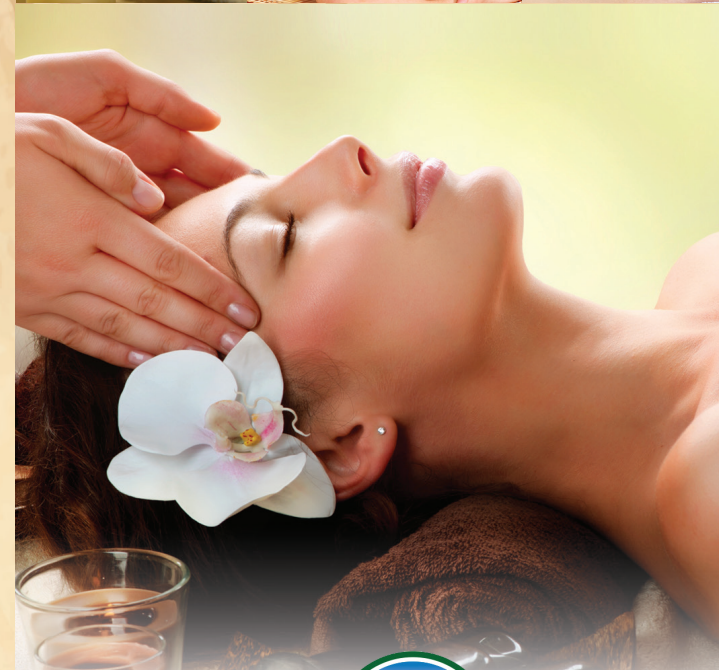
**50 Mins \$125**

This treatment creates a thermal reaction in the skin tissue that increases circulation and aids in the rebuilding of collagen and elastin. It reduces the size of pores drawing out the impurities and exfoliating the skin to ensure beautiful results.

### Gentleman's Facial

**50 Mins \$70**

A deep cleansing therapeutic facial designed specifically for the special skin care needs of men. Includes a luxurious massage and deep cleansing followed by a SPF Moisturizer.



Please Arrive Fifteen Minutes

Early for Your Appointment

**573.317.3519**

**www.OldKinderhook.com**





## Massages

### Swedish Massage

**25 Mins \$60 50 Mins \$90 80 Mins \$120**

Clinically proven to relieve feelings of stress, this massage is great for sore muscles and joints, arthritis, back aches and much more.

### Full Body Hot Stone Massage

**50 Mins \$110 80 Mins \$150**

This ancient healing art uses smooth hot stones to melt away the tension and stress. Recharge your being with this euphoric rhythmic massage.

### Golfer's Massage

**50 Mins \$90**

A massage designed specifically for a golfer's concerns. The neck, back, and shoulders are concentrated on to relieve discomfort. We will also incorporate work on the lower back and hamstrings to create the proper balance and flexibility.

### Reflexology

**25 Mins \$50 50 Mins \$90**

It is based on ancient Oriental theory that different zones of the feet correspond to individual parts of the body. The 50-minute treatment begins with a foot exfoliation treatment followed by pressure point nerve stimulation on the feet that rebalances the entire body. \*Reflexology chart available upon request.

**Taxes and Service Charge:**

**\* Includes 20% Gratuity for all services provided.**

## Body Treatments

### Ask about seasonal Scrubs\*

#### Full Body Polish

**90 Mins \$90**

This natural cleanser and exfoliator is massaged into the skin helping to purify and slough off dead skin cells. When applied, honey promotes powerful healing while reducing inflammation and scarring. Wrapped in a thermal blanket you will relax and enjoy full benefits of this exhilarating treatment.

#### Seaweed Body Treatment

**90 Mins \$125**

Experience the ocean's healing and detoxifying properties with a seaweed mud-wrap, one of nature's most complete sources of nutrition, after a dry brush exfoliation which is used to stimulate blood flow, and lymph circulation. Sea algae is then applied to the body. It is packed with the hydrating and exfoliating benefits of clay, ancient seas salts, brewer's yeast, and spirulina to provide metabolic stimulation of the skin.

#### Mango Salt Glow

**90 Mins \$90**

Massage away dry skin to refresh and revive a healthy glow to the skin. Dead Sea Salt removes impurities and dead skin cells while Jojoba, Olive, and safflower oils soften and moisturize the skin. Great add on before a customized spray tan or for all over exfoliation before a massage.



## Hair Removal

Full Arm	\$40	Chin	\$15
Underarm	\$40	Full Face	\$45
Knuckles	\$10	1/2 Leg	\$35
Bikini	\$45	Back	\$60 and up
Full Leg	\$50	Brazilian or Sphinx	\$60 and up
Neck	\$30		
1/2 Arm	\$25		
Brows	\$25		
Lips	\$15		

## Spa Packages

### Old Kinderhook Package

**\$175 Per Person**

50 minute Swedish massage, Custom Facial

### Girlfriend Getaway

**\$195 Per Person**

50 minute Swedish Massage, Express Facial and Spa Lunch with Bottle of Wine.

### Sampler Package

**\$115 Per Person**

25 minute neck and shoulder massage, Express Facial.

## Specialty Treatments

### Cluster Eyelash Extensions \$35

### Custom Spray Tan \$35

Please Book this service a day or two ahead of an event, the spray tan takes 12 hours to fully develop before showering.

### Make-Up Application \$35

### Airbrush Make-Up Application \$55